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21 DAY SPIRITUAL DETOX

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Summary

Due to the myriad of unusual conditions we have experienced this year, it will be very important that we end this year in a positive mental position so that we do not carry any negative momentum from 2020 into 2021. Our current reality is the result of the world we have created with our own words.

1. Introduction

A. 3 most critical considerations that the framework of our world of WORDS is constantly creating and re-creating is based on the answer to these 3 critical questions:

- 1. Who is speaking TO you?**
- 2. Who is speaking through you?**
- 3. Who is speaking for you?**

II. Answering the critical questions

A. Who is speaking TO you?

Proverbs 16:21 -The wise in heart shall be called prudent and the sweetness of the lips increaseth learning.

➤ **PP:** Prudent = perceptive, discerning, able to separate appearance from reality.

Proverbs 16:22 - Understanding is a well spring of life unto him that hath it: but (the instruction of fools is folly)

I Thessalonians 5:12 - And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, (and admonish you)

➤ **PP:** Because a person is competent intellectually doesn't mean they are qualified spiritually to speak into your spirit.

Jeremiah 3:15 - And I will give you pastors (according to mine heart) which shall feed you with knowledge and understanding.

In order to be a good Pastor, not only must you have a love for God's Word, but you must have a love for God's people. Intellect is not the only pre-requisite to

being qualified to teach God's people. Smart people have to be very careful because if I have intellect without integrity. The scripture says; "The instruction of fools is folly".

- **PP:** A fool is not a dummy. A fool is;
 - 1: Someone who is so smart that they think they can outsmart God
 - 2: A person who manipulates others through feigned words...
 - 3: A manipulator who creates an advantage for themselves in terms of their influence over the decisions you make without submitting themselves to the same level of accountability they require of you.

Proverbs 16:23: - The heart of the wise teacheth his mouth, and addeth learning to his lips. 24] Pleasant words are as an honey comb, sweet to the soul, and health to the bones.

B. "Who is speaking to you?"

A. It is my endeavor to prevent us from talking ourselves out of alignment with our own promises by allowing negative words to continue to proceed out of our mouth. The words we speak for the rest of this year will put us in position for BIGGER.

- **PP:** You will accomplish twice as much in half the time.
- **PP: DECLARE AND DECREE:** EVERY THING THAT I SAY AND DO THAT IS INSPIRED AND APPROVED BY THE HOLY SPIRIT SHALL PROSPER IN 2021.

II Corinthians 7:1 Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

- **PP:** Perfecting = To fulfill further or completely; Execute, terminate, undergo, accomplish, do, finish, perform
- **PP:** Gods promises toward you will not be fulfilled until your obedience toward him is complete.

Matthew 3:13-15 KJV - [13] Then cometh Jesus from Galilee to Jordan unto John, to be baptized of him. [14] But John forbad him, saying, I have need to be baptized of thee, and comest thou to me? [15] And Jesus answering said unto him, Suffer it to be so now: for thus it becometh us to fulfil all righteousness. Then he suffered him.

I Thessalonians 4:7 -12 - For God hath not called us unto uncleanness, but unto holiness.8. He therefore that despiseth, despiseth not man, but God, who hath also given us his Holy Spirit.9. But as touching brotherly love ye need not that I write unto you: for ye yourselves are taught of God to love one another.10. And indeed ye do it toward all the brethren which are in all Macedonia: but we beseech you, brethren, that ye INCREASE more and more;11. And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you;12. That ye may walk honestly toward them that are without, and that ye may have lack of nothing.

B. Silence is not always the solution, because some people's silence is nonverbal hostility. There is a time to speak and a time to be silent....but there is NEVER a time to be NEGATIVE.

➤ **PP:** Study to be quiet = to refrain from meddling in others business.

Proverbs 10:19- In the multitude of words there wanteth not sin: but he that refraineth his lips is wise.

III. 21 Day spiritual detox

A. The first step in advance our pursuit of perfecting holiness is to eliminate, stamp out, subdue, resist, reject, repeal and evict the spirit of negativity.

Ephesians 4:29-32 - 29. Let NO corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers. 30. And grieve not the Holy Spirit of God, whereby ye are sealed unto the day of redemption. 31. Let all bitterness, and wrath, and anger, and clamour, and evil speaking be put away from you, with all malice. 32. And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

10 scriptures on the power of words from the wise man

- 1. Proverbs 11:12** -He who is devoid of wisdom despises his neighbor, but a man of understanding holds his peace.
- 2. Proverbs 13:3** -He who guards his mouth preserves his life, but he who opens wide his lips shall have destruction.
- 3. Proverbs 15:1** -A soft answer turns away wrath, but a harsh word stirs up anger.
- 4. Proverbs 15:4** -A wholesome tongue is a tree of life, but perverseness in it breaks the spirit.
- 5. Proverbs 16:24** -Pleasant words are like a honeycomb, sweetness to the soul and health to the bones.
- 6. Proverbs 17:9** - He who covers a transgression seeks love, but he who repeats a matter separates friends.
- 7. Proverbs 17:28** -Even a fool is counted wise when he holds his peace; when he shuts his lips, he is considered perceptive.
- 8. Proverbs 18:21** - Death and life are in the power of the tongue, and those who love it will eat its fruit.
- 9. Proverbs 21:23** -Whoever guards his mouth and tongue keeps his soul from troubles.
- 10. Proverbs 25:11** - A word fitly spoken is like apples of gold in settings of silver